

Plantain



**GROW & GIVE
WEEDS**

***Plantago* spp.; common examples include broadleaf plantain (*Plantago major*) and buckhorn plantain (*Plantago lanceolata*).**



**Flowering Broadleaf
Plantain.**

Photo: John Cardina, Ohio State University, Bugwood.org.

Plantains are widespread perennials, often found in lawns and gardens. While foliage differs depending on species, plantains all produce basal rosettes of leaves and flower spikes.

Plantains reproduce by seed, so removal before seed dispersal is key to limiting their spread. Hand pulling plantains can be a very effective strategy, as long as you make sure to pull the entire tap root (new shoots can emerge from the root). In lawns, maintaining healthy and dense turf will help to outcompete plantain establishment. For chemical control, spot treat actively-growing plantains with a post-emergent broadleaf herbicide containing 2,4-D, Dicamba, and/or Triclopyr. Using a combination of herbicide applications is especially effective.



**Flowering Buckhorn
Plantain.**

Photo: John D. Byrd, Mississippi State University, Bugwood.org.

For more information on Growing and Giving, go to growandgivecolorado.org

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Flowering Broadleaf Plantain.

Photo: John Cardina, Ohio State University, Bugwood.org.



Flowering Buckhorn Plantain.

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